



Signature Keynotes

Robin's 5 topics make impactful stand-alone keynotes, and they can be combined into a powerful training series. Robin helps your people have *Joy*, NO MATTER WHAT™



1

THE POWER OF A GOOD QUESTION: CONNECTION AND JOY

Would you ever describe your environment at work, home, or in the community as fragmented? Siloed? Have you wished you could form deeper connections with people? This is the day things will begin to change for the better.

Because connection can be a rich source of joy – even when we are under pressure or adapting to a culture full of AI but void of EQ – you'll be inspired by true stories of times when real connection was shared despite the odds, differences, and lack of resources. In this session, which revolves around unity and the joy it brings, you'll learn some questions to ask that may bring the walls down. You'll also learn how to listen compassionately when people open up, welcoming vulnerability and diminishing The Loneliness Epidemic one memorable conversation at a time.

You'll be able to practice your skills in a fun, supportive space, potentially receiving return on relationship right from the start. This story-rich, immersive experience will not be a typical keynote -- it will be a much-needed shot of oxygen to your heart and soul. Filled with laughter and experiential learning, you'll remember being in the room whenever you see a paper airplane or orange push-up from now on.

There are many ways to enhance your mental wellbeing and enrich the lives of others, and helping people know their existence has meaning is an often overlooked, yet life-giving way. The potential ripple effect is immeasurable. Join us for this authentic, one-of-a-kind session and leave eager to reach out to the people in your path, finding connection and joy that overflows.

LEARNING OBJECTIVES

Participants will:

- Be inspired to find joy through connecting with others on a deeper, meaningful level.
- Discover surprising ways to connect and feel confident in asking the type of questions that encourage people to open up.
- Deepen the joy that's felt in being seen and heard by mastering compassionate listening skills.
- Receive a handy reminder card with several conversation starters that foster connection.